

Intensiv-Retreat WITHOUT the group journey beforehand
10.-21. March 2012, including seminar fees, accommodation and full board
Accommodation in tents: CHF 2'400,- / 2'000,- Euro; In bungalows: 3-or more beds: CHF 2'700.- / 2.250,-
Euro DZ: CHF 2'800.- / 2'335,- Euro EZ: CHF 2'900.- / 2'420,- Euro

Intensiv-Retreat incl. Group Journey

Costs for the journey from Delhi (max 12 participants):

22 days from 3rd.-23rd. March 2012:
CHF 3'220.- / 2'680,- Euro (double rooms for the whole journey, in tents or rooms with 3 ore more beds during the retreat)

Additional single room charge for the whole journey, including the retreat: CHF 720.- / 600,- Euro
Additional single room charge apart from Anandlok: CHF 220.- / 180,- Euro
Additional double room charge during the retreat: CHF 420.- / 350,- Euro

Application and payment:

Your application will be valid after we have received your payment of CHF 2'400.- / 2'000,- Euro into one of the following accounts. (for participants in the retreat only)
Your application for retreat incl. whole journey will be valid after we have received your payment of CHF 3'220.- / 2'680,- Euro into one of the following accounts.

The rest can be paid in cash after arrival in Bhairava Nagar.
Details for the journey and application form:
either from our homepage (www.min-ilit.org) or by mail! Please let us know!

Application for the Retreat and for the Group Journey until Feb. 2nd, 2012 to:

Ocean of Life,

Christine and Richard Kellenberger
Platz 234, CH- 9428 Walzenhausen, Tel. +41 (0)71 886 51-13, Fax +41 (0)71 886 51-12
Email: info@ozean-des-lebens.ch / Web: www.min-ilit.org

Germany (for payments from countries of the European Community):
R. and Ch. Kellenberger, Sparkasse, Lindau
BLZ 73150000, account no. 620004143
BIC: BYLADEM1MLM, IBAN: DE46 7315 0000 0620 0041 43
Note: Intensive Retreat India 2012 (eventually incl. group journey)

Switzerland:
St. Galler Kantonbank St. Margrethen
Ozean des Lebens
BLZ: 78125, account no. 25 10 343.522-00
BIC: KBSGCH22, IBAN: CH74 0078 1251 0343 5220 0

Note: Intensive Retreat India 2012 (eventually incl. group journey)

Travelling in Shiva's land...
22 DAYS IN THE INDIAN HIMALAYAS
From 3rd. to 23rd. March 2012

With an 11 day workshop of Shiva's teaching of the
“PRINCIPLE OF THE HEALTHY UNFOLDING AND
MUTUAL FURTHERANCE OF ALL BEINGS”



During this journey we will immerse ourselves in the every-day life of India, steeped in the divine world of Hinduism it combines what seems to be contradictory and finds its own order in the chaos. We find an impressive blaze of colours, liveliness and a social life that amazes and amuses us again and again and can be quite thought-provoking.

The highlight of our journey will be 11 days of teaching
with Shin Shiva Svayambhu M. in Bhairava Nagar/Shivaland.

Journey schedule:

- 03. March:**
Arrival of the group during the course of the day. Individual journey to the hotel in Delhi (arrival until afternoon preferable). Brief sightseeing or shopping trip during the afternoon. Dinner together.
- 04. March:**
Experiencing Delhi- capital of India with 8.4 billion inhabitants. Visit to the Birla Temple. Further excursions according to participants' wishes.
- 05. March:**
Early morning journey to Haridwar (one of the 7 holy cities for Hindus). Arrival at lunch time. Visit to a mountain temple (by cable car) and evening fire ritual at the Ganges (“Aarti”). Stay 20 km away in simple and clean accommodation in Rishikesh (center for yoga and starting point for visits to the holy places of the Himalayas for Indian pilgrims).
- 06. March:**
Journey to the school project- on the way: small ritual at the “origin” of the Ganges and visit to a Rama temple. Accommodation at the school project in Pauri at 1800m (www.paramarth-awadhawan.com).

07. March:

Walk to a mountain village close by (Dhamond). Meeting with the villagers (eating, chatting, enjoying the sun shine...). Drive to Anandlok in Shiva's land, situated close to the Ganges- approx. 250km to the North-East of Delhi, 22km from Rishikesh, www.anandlokresort.com. Late evening arrival.

08. March:

Visit of the village school nearby in Sirasu. Afternoon time free for an exploration of the land or a meditation at the Ganges...

09. March:

Day trip to Rishikesh. According to interest visit of 1 or 2 ashrams of different gurus. In the evening fire ritual at the Ganges.

10. March:

Day free for your own use. Arrival of other participants of the workshop with Shin Shiva Svayambhu M.



11th to 21st March 2012:

11 day workshop with Shin Shiva Svayambhu M.

Mahadevas Teaching
for the Time of Great Transformation

SARVĀNGAJÑĀNA VIJÑĀNA YOGA

The Great Loveplay of Shiva and Parvati
The double origin of human being
How to reach the highest state of divine consciousness
Your responsibility for the Earth

Including deeply effective exercises for everyday life.



22. March:

Journey back to Delhi. Rounding off with an evening meal together.

23. March:

Return flights during the day.

PS: For all those who wish to extend their journey and visit the high Himalayas with its old temples (up to 4000 m high) it is possible to book an additional 4-5 days.

Place, Accommodation and Board

We will spend the main part of our journey in the foothills of the Himalayas close to the river Ganges in "Shiva's land", put under his protection by Shin Shiva Svayambhu M. 10 years ago (www.ssctindia.org).

It is the land of that God ("Shiva") that in his trinity gives life by dancing, lets it flourish and brings it to fruition, and in the process of dissolving of Beingness takes the finest and best essences so that new life can spring forth from it.

The path to it passes along the beginnings of a pioneer village on Shiva's land ("Bhairava Nagar"). Here the possibility is created to preserve the Indian traditions and to promote an exchange between different religious streams and cultures.

This land with its temples, gardens and teaching facilities is open to all who want to enjoy the deep peace and the flourishing beauty of the place and at the same time want to engage with their origin and task as a human being on a deeper level and with the development of the world. It is here in the Anandlok Resort that we are accommodated in tents or in bungalows with simple, clean rooms, each containing 2 or more beds and bathroom, according to western standard. The meals are vegetarian and cooked using produce from the land (www.anandlokresort.com).

Services provided for the journey from 03.-23. March 2012:

- journey and travelling costs in the country
- accommodation in rooms with 2 or more beds (tents in Anandlok)
- full board during the stay
- all non-alcoholic drinks
- workshop costs from 11.- 21. March 2012
- organization and guidance of the journey (partner: Pooja-Travel: www.cometohimalaya.com)
- sightseeing (including entrance fees and local guides)

Not included:

- international flight to Delhi
- fees for visa (app. €65)
- tips, pocket money
- insurances (travel and health insurance for India)

Information and guide during the journey: Ingrid Melcher

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